



Standard Test Methods for Cellulosic Fiber Insulating Board¹

This standard is issued under the fixed designation C 209; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reappraisal. A superscript epsilon (ε) indicates an editorial change since the last revision or reappraisal.

This standard has been approved for use by agencies of the Department of Defense.

1. Scope

1.1 These test methods cover those insulation products in specified Specification C 208 that are not singularly specified elsewhere as insulating formboard (see Specification C 532) and nail-base sheathing (see Specification D 2277). The requirements for the products' physical properties are specified in Specification C 208. The methods for the general insulation products' physical properties are given as follows:

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1.2 Reference is provided to an established source for nomenclature and definitions.

1.3 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

1.4 Several of the test methods contained in this document are referenced by material specifications other than cellulosic fiber insulating board. These include mineral fiber, perlite, polyisocyanurate, polystyrene and phenolic materials.

2. Referenced Documents

2.1 ASTM Standards:

C 168 Terminology Relating to Thermal Insulating Materials²

C 177 Test Method for Steady-State Heat Flux Measurements and Thermal Transmission Properties by Means of

- the Guarded-Hot-Plate Apparatus²
- C 208 Specification for Cellulosic Fiber Insulating Board²
- C 518 Test Method for Steady-State Heat Flux Measurements and Thermal Transmission Properties by Means of the Heat Flow Meter Apparatus²
- C 532 Specification for Structural Insulating Formboard (Cellulosic Fiber)³
- C 870 Practice for Conditioning of Thermal Insulating Materials²
- C 1045 Practice for Calculating Thermal Transmission²
- C 1114 Test Method for Steady-State Thermal Transmission²
- D 1037 Test Methods for Evaluating the Properties of Wood-Base Fiber and Particle Panel Materials⁴
- D 1554 Definitions of Terms Relating to Wood-Base Fiber and Particle Panel Materials⁴
- E 84 Test Method for Surface Burning Characteristics of Building Materials⁵
- E 96 Test Methods for Water Vapor Transmission of Materials²

3. Terminology

3.1 *Definitions*—The definitions of terms used in these methods shall be in accordance with Definitions D 1554 and Terminology C 168.

3.2 *cellulosic fiber insulating board*—a fibrous-felted, homogeneous panel made from ligno-cellulosic fibers (usually wood or cane) and having a density of less than 31 lb/ft³ (497 kg/m³) but more than 10 lb/ft³ (160 kg/m³).

3.2.1 *Discussion*—Cellulosic fiber insulating board. It is characterized by an integral bond that is produced by interfelting of the fibers, but which has not been consolidated under heat and pressure as a separate stage in manufacture. Other materials may be added during manufacture to improve certain properties.

3.3 Definitions of Terms Specific to This Standard:

3.3.1 *board*—refers to the material as received.

3.3.2 *sample*—refers to the 36 by 48-in. (0.9 by 1.2-m) piece cut from a board.

¹ These test methods are under the jurisdiction of ASTM Committee C-16 on Thermal Insulation and are the direct responsibility of Subcommittee C16.32 on Mechanical Properties.

Current edition approved April 10, 1998. Published June 1998. Originally published as C 209 – 46 T. Last previous edition C 209 – 92.

² *Annual Book of ASTM Standards*, Vol 04.06.

³ Discontinued. See *1993 Annual Book of ASTM Standards*, Vol 04.06.

⁴ *Annual Book of ASTM Standards*, Vol 04.10.

⁵ *Annual Book of ASTM Standards*, Vol 04.07.

3.3.3 *test specimen*—refers to the test piece cut from a sample unless otherwise specified in the test method.

3.3.4 *sorption*—a general term in physical chemistry used to describe the combined processes of:

(1) *absorption*—refers to the taking up of matter in bulk by other matter, for example, the penetration of substances into the bulk of another solid or liquid.

(2) *adsorption*—refers to surface retention or adhesion of an extremely thin layer of molecules to the surfaces of solids or liquids with which they are in contact.

4. Significance and Use

4.1 The test methods contained in this document are intended for cellulosic fiber insulating board as described in Specification C 208. These test methods examine mechanical, physical and thermal properties, properties related to water absorption and water vapor exposure, and flammability related properties.

4.2 The results of these tests may be used to describe the performance of insulating board and are suitable for use in material specifications.

NOTE 1—Committee C-16 is in the process of splitting this document into discrete test methods categorized by the nature of the test methods.

5. Sampling

5.1 *Selection of Boards*—Refer to Specification C 208, Section 9 on Sampling.

5.2 *Size of Sample*— From each board a sample, 36 by 48 in. (0.9 by 1.2 m) shall be cut. When possible, the larger dimension of the sample shall be crosswise of the longer dimension of the board as it is usually obtained. When the individual boards are less than 36 by 48 in. (0.9 by 1.2 m) in size, enough material shall be taken to give the equivalent area.

6. Test Conditions

6.1 *Preconditioning*— Tests shall be made under prevailing atmospheric conditions except in the case of dispute. Tests then shall be made in specimens conditioned until equilibrium is obtained in accordance with Practice C 870.

7. Thickness

7.1 *Apparatus*—An instrument such as a dial gage capable of measuring a 36 by 48 in. (0.9 by 1.2 m) sample, on which the contacting surfaces are flat and have a minimum diameter of ½ in. (13 mm) shall be used. Pressure on the contacting surfaces shall not be greater than 1 psi (6.9 kPa) nor less than 0.25 psi (1.7 kPa), and the instrument shall read to an accuracy of 0.001 in. (0.03 mm).

7.2 *Procedure*—Measure the thickness at five points, near each corner and near the center, to an accuracy of ±0.001 in. (±0.02 mm). Take care that the sample is not deformed when the thickness measurements are taken.

7.3 *Calculation and Report*—Report the average of the five measurements as the average thickness of the sample. Report as the average thickness of the sample, the average thickness of the lot, report thickness tolerance, as follows:

$$\text{Thickness tolerance} = (h_1 - h_2)/h_1 \quad (1)$$

where:

h_1 = average thickness of lot, and

h_2 = average thickness of sample.

8. Size of Finished Board

8.1 *Procedure*—Obtain the average width of the finished board by measuring the width at each end and at the middle to an accuracy of ±0.3 % or 1/16 in. (2 mm), whichever is smaller, and averaging these readings. Obtain the average length of the finished board in a similar manner.

9. Thermal Conductivity

9.1 *Procedure*—Determine thermal conductivity in accordance with Test Method C 177, or in accordance with Test Methods C 518, C 1045 or C 1114. Test two specimens from one sample from one board.

10. Transverse Strength

10.1 *Apparatus*:

10.1.1 *Testing Machine*— Any standard mechanical or hydraulic testing machine capable of applying and measuring the required load within an accuracy of ±2 % may be used.

10.1.2 *Bearing Edges*— The bearing edges shall be rounded to a radius of 3/8 in. (10 mm) to prevent injury to the specimen. The bearing edges shall be straight and shall maintain full contact with the specimen throughout the test.

10.2 *Test Specimen*— The specimen shall be 3 by 15 in. (76 by 381 mm) and conditioned in accordance with 6.1. Three specimens from the long dimension of each sample from each board and three at right angles shall be tested. If the sample has a dimension less than 15 in. (381 mm), test only in that direction for which a 15 in. (381 mm) specimen can be obtained.

10.3 *Procedure*—Determine the transverse load by placing the specimen on horizontal bearing edges 12 in. (305 mm) apart and applying the load at midspan on a bearing parallel to the end supports, so that the head of the testing machines, through which the load is applied, moves at a rate of 6 ± 2 in./min (152 ± 51 mm/min) until failure occurs.

10.4 *Calculation and Report*—Report as the transverse load for specimen, the maximum load reached during the test. Report as the average transverse load in pounds-force (or Newtons) in each direction for a sample, the average of three specimens taken from that direction. Report as the total average transverse load in each direction, the average of all samples in that direction. Calculate modulus of rupture values in pounds-force per square inch (or megapascals) as follows:

$$MOR = 6P/t^2 \quad (2)$$

where:

MOR = Modulus of rupture, psi (MPa),

P = Transverse load, lbf (N), and

t = thickness, in. (mm).

10.5 *Precision and Bias*—See Section 19.

11. Deflection at Specific Minimum Load

11.1 *Procedure*—Determine, to the nearest 0.01 in., (0.3 mm) the deflection at the corner of each specimen subjected to

the minimum transverse load, by means of a suitable measuring device such as a dial gage under the specimen, a steel rule alongside the specimen, or measurement of the crosshead movement.

11.2 *Calculation and Report*—Report as the average deflection in each direction for a sample, the average of three specimens taken from that direction. Report as the total average deflection in each direction, the average of all samples in that direction.

11.3 *Precision and Bias*—See Section 19.

12. Tensile Strength Parallel to Surface

12.1 *Apparatus*—Any standard mechanical or hydraulic testing machine capable of applying and measuring the required load within an accuracy of $\pm 2\%$ may be used.

12.2 *Test Specimen*—Specimens shall be prepared in accordance with Fig. 1, and conditioned in accordance with 6.1. Three specimens from the long direction of each sample from each board and three at right angles thereto shall be tested.

12.3 *Procedure*—Set the testing machine for a rate of separation of the jaws of $2 \pm \frac{1}{4}$ in./min (51 ± 6 mm/min). Clamp the specimens in the jaws at a minimum distance of 6 in. (152 mm) apart. Specimens breaking within $\frac{1}{2}$ in. (13 mm) of the jaws shall be disregarded. Measure the specimens, after breaking, for width and thickness at the break to the nearest 0.01 in. (0.3 mm).

12.4 *Calculation and Report*—Report as the average tensile strength in each direction for a sample, the average, in pounds-force per square inch (or kilopascals), of the three specimens taken from that direction. Report as the total average value in each direction, the average of all samples in that direction.

12.5 *Precision and Bias*—See Section 19.

13. Tensile Strength Perpendicular to Surface

13.1 *Apparatus*—The apparatus shall be as shown in Fig. 2 and shall consist of two blocks 2 by 2 by $\frac{1}{4}$ in. (51 by 51 by 32 mm) supplied with hooks in the center as shown in Fig. 2. Any standard mechanical or hydraulic testing machine capable of applying and measuring the required load within an accuracy of $\pm 2\%$ may be used.

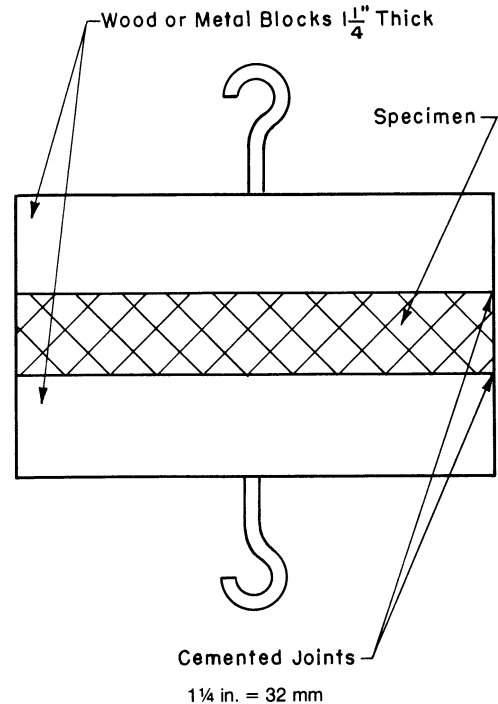


FIG. 2 Apparatus for Determination of Tensile Strength Perpendicular to Surface

13.2 *Test Specimens*—The specimen shall be cut to match the lateral dimensions of the test block in 13.1 and conditioned in accordance with 6.1. Two specimens shall be tested, one each from the sample from two boards.

13.3 *Procedure*—Cement the two surfaces of the specimens to the blocks with a suitable adhesive. After the adhesive has set a sufficient length of time, apply a load at the rate of $2 \pm \frac{1}{4}$ in./min (51 ± 6 mm/min) at the hooks until separation within the block.

13.4 *Calculation and Report*—Report the tensile strength perpendicular to the surfaces as the average of the loads in pounds-force per square foot (or kilopascals) at the time of failure of the test specimens. Note the location of the line of failure.

13.5 *Precision and Bias*—See Section 19.

14. Water Absorption

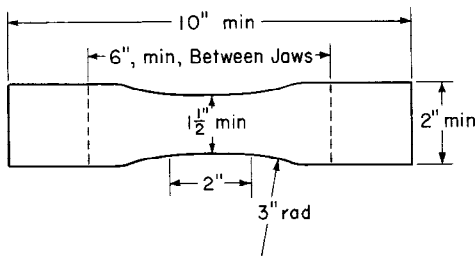
14.1 *Pan*—A pan or vessel not less than 15 by 15 in. (381 by 381 mm) and of the required depth.

14.1.1 *Conditioning Oven or Room*—A conditioning oven or room that can be regulated to a temperature of $73.8 \pm 4^\circ\text{F}$ ($23 \pm 2^\circ\text{C}$) and a relative humidity of $50 \pm 5\%$.

14.1.2 *Thermometer*—An ordinary thermometer graduated in Fahrenheit or Celsius degrees.

14.2 *Test Specimen*—The specimen shall be 12 by 12 in. (305 by 305 mm) with all four edges trimmed square. Three specimens shall be tested, one each from the sample from three boards.

14.3 *Procedure*—Condition the specimen until the practical constant weight is obtained at a temperature of $73.4 \pm 4^\circ\text{F}$ ($23 \pm 2^\circ\text{C}$) and a relative humidity of $50 \pm 5\%$. Measure the thickness of the specimen with reasonable accuracy and



SI Equivalents

| in. | mm | in. | mm |
|-----|-----|-----|----|
| 10 | 254 | 2 | 51 |
| 6 | 152 | 1½ | 38 |
| 3 | 76 | | |

FIG. 1 Specimen for Determination of Tensile Strength Parallel to Surface

calculate the volume therefrom. Then carefully weigh the specimen and submerge it horizontally under 1 in. (25 mm) of fresh tap water, maintained at a temperature of $73.4 \pm 4^\circ\text{F}$ ($23 \pm 2^\circ\text{C}$). After 2 h of submersion, place the specimen on end to drain for 10 min; at the end of this time remove the excess surface water by hand with a blotting paper or paper towel, and immediately weigh the specimen. If a 24-h water sorption is required, conduct it in accordance with the appropriate sections of Test Methods D 1037.

14.4 *Calculation and Report*—Calculate and report the amount of water absorbed from the increase in weight of the specimen during the submersion, and the water sorption shall be expressed as the percentage by volume based on the volume after conditioning. The specific gravity of the water shall be assumed to be 1.00 for this purpose.

14.5 *Precision and Bias*—See Section 19.

15. Linear Expansion

15.1 *Procedure*—Determine linear expansion due to change in moisture content in accordance with the appropriate sections of Test Methods D 1037, Section 107. Test one specimen from the long dimension of each sample from each board and one at right angles thereto.

16. Water Vapor Transmission

16.1 *Procedure*—Determine water vapor transmission in accordance with Test Methods E 96, using the desiccant method. Test three specimens, one each from the sample from three boards.

17. Flame Spread Index

17.1 *Procedure*—Determine flame spread index in accordance with Test Method E 84.

18. Moisture Content and Density

18.1 *Scope*—This method covers determination of the absorption of moisture content and density at time of test, because of their relation to the strength properties. Values of

density calculated from the volume and weight are satisfactory for these materials. For normal purposes, the moisture content and density of the transverse test specimens may be used unless special reasons require the testing of additional samples.

18.2 *Procedure*—Weigh, measure, and dry the test specimens as presented in Test Methods D 1037, Section 119.

18.3 *Calculation and Report*:

18.3.1 Calculate the moisture content as shown in Test Methods D 1037, Section 120.

18.3.2 Calculate the density as follows:

$$D = 3.81F/LWT \quad (3)$$

or

$$D = (F)(1 \times 10^6)/L'W'T' \quad (4)$$

where:

D = density, lb/ft³ (D' , kg/m³)

F = final weight, when oven-dry, g,

L = length of coupon, in. (L' , mm),

W = width of coupon, in. (W' , mm), and

T = thickness of coupon, in. (T' , mm).

NOTE 2—The density as determined by this equation is based on volume at test and weight when oven-dry.

18.3.3 Report the moisture content and density for each individual test specimen. Averages should not be used except for test specimens that have been brought to equilibrium under the same conditions.

19. Precision and Bias

19.1 Development of precision and bias statements will occur during the development of the discrete test methods discussed in 4.3.

20. Keywords

20.1 absorption; board; cellulose; deflection; density; expansion; length and width; linear changes; moisture content; modulus of rupture; tensile strength; thermal conductivity; thermal insulating materials-board; thickness; transmission-water vapor; transverse strength; water absorption

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